



**POWERHOUSE  
MONTANA**  
*of the Women's Foundation of Montana*

January 2019

## Embracing the New Year!

### Mindful Mentoring

Mentors come in all shapes and sizes - and from all walks of life. In fact, some of the best mentors come into our lives when we least expect it.

According to a survey by the American Society for Training and Development, "a remarkable **75% of executives say mentoring has been critical to their career development.**" With this in mind, one can assume that having a mentor to help you discern the 'ins-and-outs' of professionalism can have a lifelong impact on personal mentee growth. So how do you locate a mentor who suits your lifestyle and current needs?



Start by outlining your own goals, whether personal or public - what are you looking to improve/change? What obstacles are between where you are now, and where you'd like to be? Once you've identified your needs, it will be easier to connect with a mentor who fits these requirements. **From here, you can tap into the PowerHouse Montana Mentor network!**

After registering for a [PowerHouse profile](#), you will have access to 500+ Montanan women who are interested in being mentors/resources for other women across the state! Start a conversation, grab some coffee - change the world! The possibilities are endless, the first step in reaching out.

Actively searching for a mentor, but unsure of where to start? Message Maggie at [Maggie@mtcf.org](mailto:Maggie@mtcf.org) for more information on mentorship!

Until next month,  
Maggie

## PowerHouse Montana Statewide Meetings



**January's PowerHouse Theme:**  
*Mentorship*

### Featured PowerHouse Opportunities and Events

**State of Montana Board, Council and  
Commission Openings, from the  
Office of the Governor,**  
*Statewide*  
[Website](#)

**Montana State University,**  
*Bozeman, Montana*  
[Website](#)

**University of Montana,**  
*Missoula, Montana*  
[Website](#)

**Wednesday, January 16th @ 5:30pm**  
[PowerHouse Helena in Partnership with HYP: Helena Young Professionals](#)  
Lewis and Clark Library  
120 S. Last Chance Gulch  
Helena

**Thursday, January 24th @ 4:00pm**  
[PowerHouse Flathead](#)  
The Tailing Loop Winery  
1498 MT HWY 35  
Kalispell

**Monday, January 28th @ 6:00pm**  
[PowerHouse Great Falls](#)  
Jaker's Bar and Grill  
1500 10th Ave. S.  
Great Falls

**Monday, January 28th @ 6:00pm**  
[PowerHouse Wolf Point](#)  
Harry's Nite Club  
4624 Highway 13  
Wolf Point

**PowerHouse Montana Jobs Board**  
Statewide  
[Website](#)

### What is PowerHouse Montana?

PowerHouse Montana (in-person) gatherings are a series of events fueled by women in communities across the state of Montana. They meet on a monthly/quarterly basis to discuss and learn from one another in a casual networking format.

Create your own PowerHouse profile today and start growing with influential women across the state @ [powerhousemt.org/register](https://powerhousemt.org/register)

**PowerHouse Administrative Contact:**  
[Maggie@mtcf.org](mailto:Maggie@mtcf.org)



## Featured PowerHouse Articles and Resources

### Mentorship: Your Key to Optimal Growth

"Local Bigfork PowerHouse, [Holly Wielkoszewski](#) shares her thoughts on mentorship." [Check-out her blog post, here.](#)

### Bernice Sandler, 'Godmother of Title IX,' Dies at 90

"Dr. Sandler, who died on Saturday at 90, was known as "the godmother of Title IX." She was central to its development, passage and implementation. The law would change the landscape of education. It required that male and female students have equal access to admissions, resources and financial assistance, among other things." [More on her legacy, here.](#)

### Committed to the Hi-Line: MSU's Peggy Lamb Delivers Support to Hi-Line Agriculture

"Lamb is a 16-year employee with the Northern Agricultural Research Center in Havre, part of MSU's College of Agriculture and Montana Agricultural Experiment Station. In that time, as an agronomist, she has driven thousands of miles to and from research plots for maintenance, to present the latest research at field days and to problem-solve on farms. Her work has composed a deep collage of engagement with farmers, students and



### Blazing a Trail: Billings' First Female Fire Captain has a Career of Firsts

"These days, Thompson lives in Billings, where she's been a firefighter for the past 15 years. When she was hired by the city in 2003, fresh out of college, she was Billings' first female firefighter. Last month she was promoted to fire captain — the first woman to hold that rank in the department." [Learn more about Thompson's career, here.](#)

### A Tribute to those who Always Imagined Native Women in Congress

"2019 is all about Rep. Sharice Davids, D-Kansas, and Rep. Deb Haaland, D-New Mexico, the first two Native American women to be elected to the Congress of the United States. But this story needs to start a few pages back."

community members who live and work in Montana's north-central cereal grain capital." [Discover more, here.](#)  
[Read up on Lamb's Dedication, here.](#)

---

## Happenings from PowerHouse Montana

### NEW! The PowerHouse Marketplace



Put the POWER of PowerHouse to work for you by becoming a PowerHouse Partner!

The Women's Foundation is thrilled to announce the arrival of our [PowerHouse Marketplace](#) page! Our Partners will be recognized through online listings featuring your business description and location, alongside a photo or logo.

- Be recognized as a champion for Montana women, alongside other great companies and organizations.
- Support the work of PowerHouse Montana to connect women to mentors, opportunities and resources.
- Harness the POWER of PowerHouse Montana!

If you are interested in more information, please follow-up with Maggie Sullivan at [Maggie@mtcf.org](mailto:Maggie@mtcf.org) for more details.

---

## Be a PowerHouse Guest Contributor



Do you enjoy writing, blogging, and/or sharing your thoughts and experiences via social media? Are you looking to engage your community through education, mentorship and leadership - but not sure how? Do you want to create a brighter future for Montana's women and girls? Click below to learn more!

[Takeover Our Instagram!](#)

[Become a Guest Blogger](#)

---

If you have any questions about [PowerHouse Montana](#), the [Women's Foundation of Montana](#), or would like to make an edit to your PowerHouse profile, please email Maggie Sullivan at [Maggie@mtcf.org](mailto:Maggie@mtcf.org) or call (406) 541-7409.



## About PowerHouse Montana

PowerHouse Montana is an initiative of the Women's Foundation of Montana with two goals in mind: (1) connecting Montana women with the resources, mentors, and opportunities they need to create thriving businesses and thriving lives, (2) increasing the number of Montana women in leadership by providing a go-to source for organizations and companies looking for their next CEO or board chair.

The Women's Foundation of Montana advances economic independence for Montana women and creates a brighter future for our girls. Learn more at [www.wfmontana.org](http://www.wfmontana.org).

[Donate](#)

Follow Us:

